

# My Brighton: Sam Dook

The guitarist and drummer for Brighton-based band The Go Team! introduces his city

## What is your ideal Brighton day?

A nice sunny morning walk through the North Laine, a series of narrow streets lined with interesting small independent shops and cafés. On a Saturday there is a small street market there. Or a lovely walk or bike ride along the undercliff walk – the chalk cliffs that run from the marina all the way to Saltdean. If the tide is out there are loads of rock pools.

## Which is your favourite shop?

Edgeworld Records, a small independent record store on Kensington Gardens, it's a hidden gem above a clothes shop. They specialise in alternative music and it is the best place to pick up vinyl.

## What's the best thing about the people of Brighton?

I think Brighton overall is a very liberal city, no one is gonna bat an eyelid if you dress in the most outrageous clothes you can find.

## Where is the best place to enjoy the city in autumn?

Local beauty spot Devil's Dyke makes for a lush crisp autumn day walk. If you walk for about 20 minutes east from the car park you end up at a really sweet little country pub. In the weather isn't happening, there is a great arthouse

cinema called the Duke of York's on Preston Circus.

## What's Brighton like at Christmas?

The really good atmosphere you find in loads of local pubs where folks are kicking back between bouts of frenzied Christmas shopping.

## What has changed about Brighton in the last few years?

Brighton is developing rapidly and this is reflected in the soaring house prices. The good thing is that the music scene feels more cohesive these days.

## Are there more exciting developments planned for the city?

Brightons CBGB's "The Freebutt" will reopen in September after having closed for many months due to sound insulation issues and changing hands. This is exciting as it is where all local acts play as a rite-of-passage and hang out in the Penthouse, the bar above. The atmosphere here is the best and its been sorely missed in the last year.

## What's your favourite game on the pier?

I haven't been there for a while, but I'd be seeking out old school classics like Bombjack, R-type, Exolon... mmm, showing my age, I bet these games are long gone.



Sam Dook (second from left) and the Brighton-based band The Go Team!

## Which is your favorite restaurant in Brighton?

Mung Thai is great little place on St James Street in the Kemptown area of Brighton, it is affordable and quaint. I haven't been to Terre à Terre yet – it's a snazzy place and the food is incredible. Preston Street is the place to go for a selection of restaurants.

## What would be most memorable for visitors?

Brighton is a vibrant and bustling place. Sight seeing highlights for folks visiting town may be the Pier and the Pavilion. But if nightlife is your thing you have many choices for live music and clubs and you should find your tonic. It's quite easy to find yourself with friends arched over a cup of tea at four in the morning at the post club munchies destination The Market Diner – an all night greasy spoon. That usually wraps things up nicely!

Interview by  
Anne Giacomantonio

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BARRY GRIFFIN

Celebrate the winter solstice in style with a three night break in a five-star self-catering apartment on one of Brighton's premier Regency terraces. The winner will receive three night's self-catering accommodation from 20-23 December provided by Myholidaylet ([www.myholidaylet.com](http://www.myholidaylet.com)) as well as a pair of tickets

for the Winter Ceilidh at Brighton Dome ([www.brightondome.org](http://www.brightondome.org)) on 20 December prior to Burning the Clocks ([www.burningtheclocks.co.uk](http://www.burningtheclocks.co.uk)) on the 21 December.

To enter the competition and for terms and conditions, go to [www.visitbrighton.com/prize](http://www.visitbrighton.com/prize)